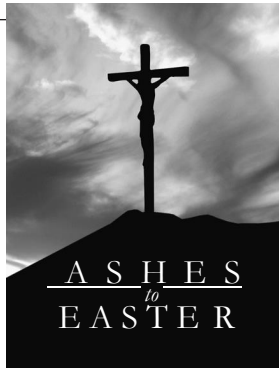


Ashes to Easter 2024



St. Aloysius Parish
New Canaan, CT



Ash Wednesday – February 14

- 6:00 – 7:00 AM Distribution of Ashes in Narthex
- 7:00 AM Mass with Distribution of Ashes
- 8:15 AM Mass with Distribution of Ashes
- 12:15 PM Mass with Distribution of Ashes
- 1:30 – 2:30 PM Distribution of Ashes in the Narthex
- 4:15 PM Liturgy with Distribution of Ashes
- 5:30 PM Mass with Distribution of Ashes
- 7:00 PM Mass with Distribution of Ashes

Throughout Lent:

WEEKDAY MASSES

Monday – Friday 7:00 AM and 5:30 PM
Saturday 7:00 AM

SUNDAY MASSES

Saturday Vigil for Sunday 5:00 PM
Sunday: 7:00, 8:30, 10:00 11:30 AM and 5:00 PM

CONFESSIONS

Saturdays 4:00 – 4:45 PM

Lenten Lecture Series

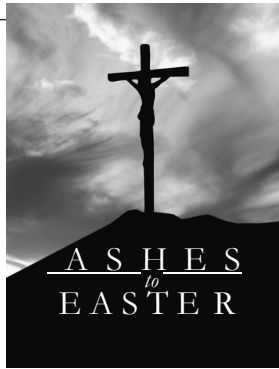
School of Prayer with Fr. Frank Hoffmann
St. Matthew Church, Norwalk

Join Father Hoffmann as he explores the rich heritage of prayer
in the Catholic Church.

Mondays at 7:00 PM February 12 – March 18

Tuesdays at 1:00 PM February 13 – March 19

For More Information go to: StMatthewNorwalk.org



Friday, February 16

7:30 AM Adoration in the Chapel
3:00 St. Michael Rosary Prayer Group in the Chapel
5:15 PM Benediction in the Chapel
7:00 PM Stations of the Cross – Young Adults

Saturday, February 17

8:30 AM Healing Rosary in the Chapel

Monday, February 19

12:15 PM Rosary in the Chapel

Tuesday, February 20

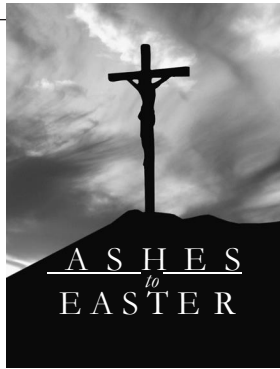
7:30 AM Rosary in the Church

Friday, February 23

7:30 AM Adoration in the Chapel
3:00 PM St. Michael Prayer Group Rosary in the Chapel
5:15 PM Benediction in the Chapel
7:00 PM Stations of the Cross

Saturday, February 24

8:30 AM Healing Rosary in the Chapel



Monday, February 26

12:15 PM Rosary in the Chapel

7:00 PM Women's Holy Hour

Tuesday, February 27

7:30 AM Rosary in the Church

7:00 PM Men's Holy Hour in the Chapel

Wednesday, February 28

7:30 PM Teen Adoration: The Seven Last Words of Christ

Friday, March 1

7:30 AM Adoration in the Chapel

3:00 PM St. Michael Prayer Group Rosary in the Chapel

5:15 PM Benediction in the Chapel

7:00 PM Stations of the Cross – Mary's Way of the Cross
Our Lady's Guild

Saturday, March 2

8:30 AM Healing Rosary in the Chapel

Monday, March 4

12:15 PM Rosary in the Chapel

Tuesday, March 5

7:30 AM Rosary in the Church

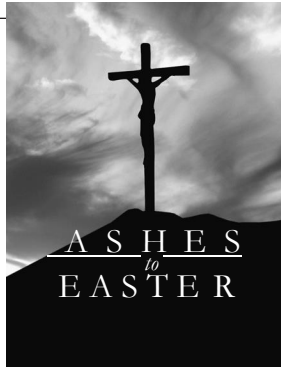
Friday, March 8

7:30 AM Adoration in the Chapel

3:00 PM St. Michael Prayer Group Rosary in the Chapel

5:15 PM Benediction in the Chapel

7:00 PM Stations of the Cross



Saturday, March 9

8:30 AM Healing Rosary in Chapel

6:00 PM Lenten Concert

7:00 Concert Reception in Narthex

Monday, March 11

9:30 AM Lenten Retreat with Deacon Arthur Miller in Church

12:15 PM Rosary in the Chapel

7:00 PM Lenten Retreat with Deacon Arthur Miller in Church

Tuesday, March 12

7:30 AM Rosary in the Church

9:30 AM Lenten Retreat with Deacon Arthur Miller in Church

7:30 PM Teen Adoration

Special Presider – Deacon Arthur Miller

Friday, March 15

7:30 AM Adoration in the Chapel

9:00 AM Our Lady's Guild Mass

3:00 PM St. Michael Prayer Group Rosary in the Chapel

5:15 PM Benediction in the Chapel

7:00 PM Stations of the Cross

Saturday, March 16

8:30 AM Healing Rosary in the Chapel

11:00 AM Outdoor Stations of the Cross for Teens with Fr. Flavian
(LaKota Oaks, Norwalk)

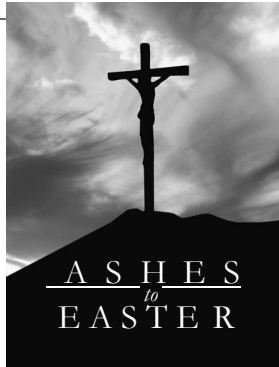
Sunday, March 17

3:00 Trinity Tea for Young at Heart Seniors

Hosted by Youth Ministry

Stapleton Hall

Fast and Pray begins (see page 10)



Monday, March 18

12:15 PM Rosary in the Chapel

Tuesday, March 19

7:30 AM Rosary in the Church

5:00 PM Vespers for Feast of St. Joseph

6:00 Reception for Feast of St. Joseph in Narthex

Wednesday, March 20

4:15 PM Religious Ed Stations of the Cross in Church

Thursday, March 21

7:00 PM Teen Rosary

Friday, March 22

7:30 AM Adoration in the Chapel

3:00 PM St. Michael Prayer Group Rosary in the Chapel

5:15 PM Benediction in the Chapel

6:00 PM Friday Lenten Supper in Stapleton Hall

7:00 PM Stations of the Cross

Saturday, March 23

8:30 AM Healing Rosary in the Chapel

5:00 PM Vigil Mass – Palm Sunday of the Lord's Passion

Friday, March 22 – Sunday March 24

Men's Weekend Retreat

Holy Family Passionist Retreat Center

West Hartford, CT

For Information contact: Michael McDonagh

203-966-3836 or MCDONAGH1@aol.com

HOLY WEEK

Palm Sunday of the Lord's Passion

March 24

7:00, 8:30, 10:00, 11:30 a.m., 5:00 p.m.

Monday

March 25

3:00 p.m. to 9:00 p.m.

Confessions (Chapel)

7:00 p.m.

Holy Hour for Men and Women

Wednesday

March 27

7:00 p.m.

Tenebrae Service

Holy Thursday

March 28

7:00 a.m.

Morning Prayer in the Church

7:00 p.m.

Mass of the Lord's Supper

8:30 p.m. – 11:00 p.m.

Adoration of the Blessed Sacrament
at the Altar of Repose (Chapel)

Good Friday

March 29

7:00 a.m.

Morning Prayer in the Church

11:00 a.m. – 12:00 Noon

Confessions in the Chapel

12:00 Noon

Stations of the Cross

3:00 p.m.

Celebration of the Lord's Passion

7:00 p.m.

Stations of the Cross

The church will remain open for silent prayer until 9:00 PM

Holy Saturday

March 30

7:00 a.m.

Morning Prayer in the Church

12:00 Noon

Blessing of Easter Food in the Church

3:00 p.m. – 5:00 p.m.

Confessions in the Chapel

8:00 p.m.

The Vigil of Easter

Blessing of the New Fire

Lighting of the Paschal Candle

Blessing of Water

Sacraments of Initiation

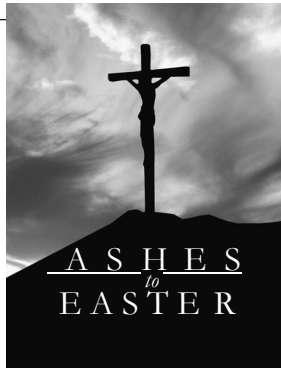
for New Catholics

Easter Sunday of the Resurrection of the Lord

March 31

Masses at 7:00, 8:30, 10:00, 11:30 a.m. and 1:00 p.m. *Please note: No 5:00 p.m.*

Mass on Easter Sunday



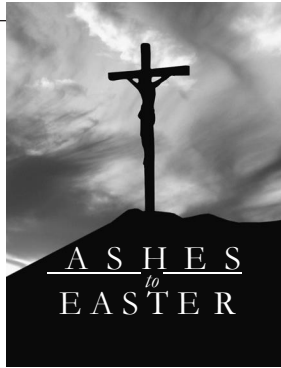
LENTEN REGULATIONS

Abstinence from meat is to be observed by all Catholics 14 years and older on Ash Wednesday and on all Fridays of Lent.

Fasting is to be observed on Ash Wednesday and Good Friday by all Catholics who are 18 years of age to 59 years of age. Those who are bound by this regulation may take only one full meal a day but are not prohibited from taking other food, keeping in mind the reason for fasting and penance.

If you would like to embark on a journey of fasting along with other parishioners see page 10.

The foundational call of Christians to charity is a frequent theme of the Gospels. During Lent, we are asked to focus more intently on **almsgiving**, which means donating money or goods to the poor and performing other acts of charity. As one of the three pillars of Lenten practice, almsgiving is a witness to fraternal charity and a work of justice pleasing to God.



Almsgiving Opportunities

Everyone is invited to join in these Corporal Works of Mercy during our Lenten Season!

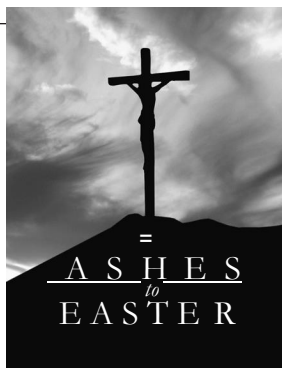
Donate to Saint Charles Borromeo Parish in Bridgeport
Help us supply St. Charles with baby formula, diapers, wipes or travel-sized toiletries.
These items may be dropped off in the Baby Crib in the Narthex during Church hours.

Make Sandwiches for New Covenant Center
Make sandwiches or purchase snacks and cases of water and drop off in the front of the Church in our coolers on Monday mornings between 9:00 and 10:00 a.m.
Find the sign up with complete instructions and to participate at www.signupgenius.com under youth@starcc.com

Books and Blankets
We are helping Malta house, Thorpe Family Residence and DCF with donations of children's books and blankets. Drop off items in the basket in the Narthex during church hours.

**Catholic Relief Services
Rice Bowl**

Loaves and Fishes
To Support Catholic Charities of Fairfield County
Collection Boxes/Envelopes for these almsgiving opportunities are available in the Narthex. We ask you to bring your contributions to any of the Masses beginning the weekend of **March 23-24.**



Fast & Pray

March 17-23

Five days with a group of fellow parishioners

“Man does not live by bread alone, but by everything
that proceeds out of the mouth of the Lord”

Dt8:30

Why Fast During Lent?

Pope Benedict XVI, Message for Lent
2009 (extracts)

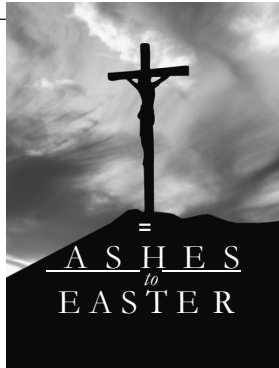
“We might wonder what value and meaning there is for us Christians in depriving ourselves of something that in itself is good and useful for our bodily sustenance. The Sacred Scriptures and the entire Christian tradition teach that fasting is a great help to avoid sin and all that leads to it. [...]

“In our own day, fasting seems to have lost something of its spiritual meaning, and has taken on, in a culture characterized by the search for material well-being, a therapeutic value for the care of one’s body. Fasting certainly brings benefits to the physical well-being, but for believers, it is, in the first place, a “therapy” to heal all that prevents them from conformity to the will of God.

Freely chosen detachment from the pleasure of food and other material goods help the disciple of Christ to control the appetites of nature, weakened by original sin, whose negative effects impact the entire human person. [...]

Dear brothers and sisters, it is good to see how the ultimate goal of Fasting is to help each one of us, as the Servant of God, Pope John Paul II wrote, to make the complete gift of self to God [...]

For more information contact Yves Moutran at yves@moutran.com



STAY CONNECTED WITH...

Our Clergy

Msgr. Rob Kinnally, Pastor
Fr. David Franklin
Fr. Flavian Bejan
Deacon Bill Santulli

frrob@starcc.com
frfranklin@starcc.com
frflavian@starcc.com
santulli@starcc.com

We are here to serve you in moments of joy and sorrow and to answer your questions about our Catholic Faith.

Our Parish Website

www.starcc.com

Social Media

Like us . . . Follow us . . .
On Facebook, and Instagram

Our Parish Bulletin

Available in the bulletin racks in church, in our weekly e-mail blast, and on our parish website.

Not receiving our weekly Parish email?
Contact the Parish Office at 203-966-0020 to be added to the email list!

Parish Office Phone

203-966-0020

A DAILY PRAYER FOR LENT

God, heavenly Father,
look upon me and hear my prayer
during this holy Season of Lent.

Help me to believe that without you I can do nothing.
By your Spirit help me to know what is right
and to be eager in doing your will.
Keep me from sin, and help me live
by the Gospel of your Son, Jesus Christ.
Teach me to find new life through penance.
Guide me in your gentle mercy.

Make me strong
in faith and active in good works.
Nourish me with the Word of life.
Strengthen me through the Sacraments.
Open my heart to your love,
and prepare me for the coming feast
of the Resurrection of Jesus.

I ask this through our Lord
Jesus Christ who lives and reigns with you
and the Holy Spirit, God, forever. Amen

FAMILY LENTEN TABLE PRAYER

Lord, we thank you for the blessings of this day
and for this time together as family.

We thank you
for this wonderful meal
and for the time we have to share it.
In this season of Lent, help us to remember
that we do not live on bread alone but
on every word that comes from you.
Strengthen us by your word so that we
may truly love you in our brothers and sisters,
especially those who are hungry.

We ask this through Christ our Lord. Amen.